



ION LIFE NEWS

The very latest and best in anti-ageing technology and health.

Issue Five October/November 2002



GOOD MORNING!

...and welcome!

...to "ION LIFE News", now in its sixth issue.

If this is your first ION LIFE News, we welcome you. We've tried our best to give you every answer to every question you might have on this leading edge health technology. You'll find sections on each of our systems, on getting the best from them, and sections on experiences of some of our many hundreds of users.

You'll also find more comparative information in this issue. This is because the many follow-on companies in the marketplace are doing their best to convince you that theirs is the best. Good luck to them, but we think we have the advantage of experience in the field and can therefore pass on what we have learned, to your advantage. We love our water and the effect it has had on our lives, and we love to share it.

Good Health!

Ian Hamilton,
Director, ION LIFE

For the last 30 years,

Japanese and Korean people have been enjoying the health and fitness benefits of a water technology that we in the West have hardly heard of.

Perhaps the most amazing aspect of the Ionised water phenomenon is that every day in Japan, almost one in five families wake up, drink their Ionised Water, and go off to work. Another million are added to this enormous user base every year as major companies vie to produce the best ioniser for the burgeoning local market. This is no small change. It's big business, with huge companies like Matsushita and Toyo producing the majority of domestic systems, and with hospitals across Japan and Korea using reduced, ionised water and its equally useful by-product, astringent water, every day in place of expensive drug and antibiotic regimens.

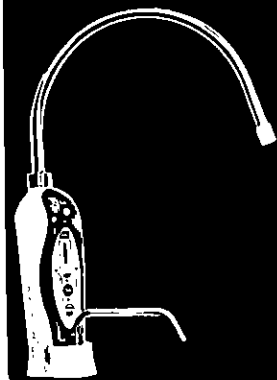
Proven Results

Dr Hidemitsu Hayashi has used Ionised water in his clinic for over fifteen years. We list the results he has observed in a survey of hundreds of patients daily partaking of Ionised water opposite.

REPORTED EFFECTS OF IONISED WATER

(Source: Dr. Hidemitsu Hayashi, Water Institute of Japan)

1. Improvement of blood glucose and HbA1C levels in diabetes mellitus.
2. Improvement of peripheral circulation in diabetic gangrene.
3. Improvement of uric acid levels in gout.
4. Improvement of liver function in hepatic disease, cirrhosis of liver, hepatitis.
5. Improvement of gastroduodenal ulcers and prevention of recurrences.
6. Cholesterol level; hypertension, angina, myocardial infarction.
7. Improvement of hypersensitive disorders; atopic dermatitis, asthma, urticaria.
8. Improvement of autoimmune disorders; rheumatism, collagen disease, SLE.
9. Improvement of so called specific diseases; Behcet's syndrome, Crohn's disease, ulcerative colitis, Kawasaki's disease.
10. Improvement of malignant tumors of liver; hepatoma, metastatic tumors.
11. Improvement of general malaise, chronic constipation & diarrhea as well as persistent diarrhea after gastric resection.
12. Improvement of dehydration in infants vomiting and diarrhea caused by viral infection.
13. Improvement of hyperbilirubinemia in newborns.
14. Experiences of pregnant women who took reduced water during pregnancy; almost no emesis, smooth delivery, less jaundice, good lactation, smooth and satisfactory growth of newborns.



WHAT IS IT?

The future of
ionizers, that's
what!

IONPIA

Undersink Ionizing Water Filter

- Filter remains out of sight
- Minimal sinktop console
- 3 stage filter system
- Multi-choice ionization
- Filtered only mode
- Acid water mode
- All this from a small your sink.

Send web note
to Megan



Why Ours Are Better.

There are now at least 5 Water Ionizer importers in Australia. You will be faced with a barrage of information all aimed at persuading you that each importer's system is the best. We have found that people get so confused they end up throwing their hands in the air or bowing down to the one that uses the biggest scientific terms.

So to help in your deliberations we have provided this simple guide to choosing the best unit for your needs.



Origin

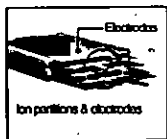
All Ionizers sold in Australia are either from Korea or Japan. We have the Korean Jupiter Masterpiece, the Korean IonPia Undersink unit, and the Japanese Toyo Microwater Pure Porte, and Pi-Water filter.

It's fair to say that at this stage the Japanese lead the way in quality, but you will pay more for the advanced self-cleaning features, the better manufacture and looks and the bigger capacity filters. All ION LIFE systems come from ISO 9001 approved plants. This is a certification of manufacturing standard that many smaller makers cannot supply. It also means adequate inspection and testing is carried out during manufacture.



The Ionizing Cell

The heart of your Ionizer is its ionizing cell. This is where the filtered water enters to be separated into alkaline and acid streams. Some units on the market use stainless steel electrodes which have been found to leak nickel. All ION LIFE units employ the accepted large size platinum coated titanium plate electrodes.



Cleaning System

The Ionizing cell requires cleaning at regular intervals to maintain longevity. All of our systems employ automatic self-cleaning regimens so you need not concern yourself with whether it has been adequately serviced.

One Touch

Some systems claim one-touch operation as an advantage. This is not correct. The 'one touch' they speak of is actually two. First, you must turn the diverter valve on the tap, and second you



must turn on the ionizer. This is confusing for children and the elderly. All of our benchtop systems only require you to turn the diverter valve to get ionized water. Our undersink model only requires one button to be pressed to turn on the flow.

Range of Ionization Settings



Some newer salespeople claim that many alkaline settings are a good thing. However we have found that 3 is quite sufficient and more only lead to confusion. We do not recommend high settings for cooking. In fact we recommend that you use 'purified only' water when cooking and alkaline antioxidant water at all other times.



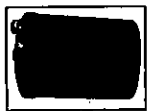
Installation

Except for the IonPia undersink, our ionizers do not need a plumber to instal them. They simply attach to the tap using the supplied diverter valve. they do need a power supply close by. The IonPia undersink unit requires a Tee junction to be installed and also requires undersink power.



Spout

Some Ionizers have spouts. Others return the water to the tap via plastic hose. These units look neat but users have problems when they have a full sink and can't get a glass under the tap. Other units have plastic spouts that are not good for health or maintaining negative antioxidant energy. Ask before you buy.



Filter

All ION LIFE systems use activated GAC or granular activated charcoal, the world's most used and accepted water filtration medium. Different units have different lifespans. (See our page on filters) The Japanese systems have larger capacity than all Korean ones but cost more to replace. (With one exception; one Japanese unit has less capacity than other Japanese filters and costs more than all the others. Always ask!) Note that some sellers claim 0.1 micron filtration. This will certainly filter finely but we have found that it will also clog the filter and drastically reduce usable lifespan. We know, because we once sold them.

We do not recommend backwash filter systems except in our shower filter as they allow polluted water to enter your drinking water filter.

In some areas (tank water) it may be advisable to use a prefilter to remove sediment and extend filter life. Activated cCarbon filters will remove chlorine, trihalomethanes, chloramines, organ-

ics, taste and odour, Giarda E-Coli and Cryptosporidium, and bacteria depending on water quality and usage.

Simplicity

Operating something as basic as a water filter shouldn't be hard. All members of the family should be comfortable with it. Many systems now on the market make out that extra features and therefore extra complexity of operation is an advantage; it is not, and we have already replaced some of these 'new improved ionizers'. We have also recently reduced our product range for this reason. All ION LIFE systems are simple to use and simple to instal.

Pedigree

There are, at last count, 16 Water Ionizer makers in Korea and the same in Japan. Many of these makers are now trying to expand into Australia.

Ask how long the system has been in use, how many units have been sold, and whether it has been modified since its original design. On one newer unit, turning on the tap without turning on the power will cause pressurization of hoses not meant for it. This can mean an explosion of water in your kitchen.

Also ask about whether the company makes ionizers only or is involved in other business areas. Many Korean corporations have begun Ionizer manufacture to bolster their main business activities. Beware also of companies that claim they are sold in large numbers of countries. If in doubt, ask for proof.

Be also aware that some sellers claim their models are 'professional' or 'practitioner' models. In order to claim higher value. An Ionizer is a simple device. You need *not* pay more for a 'professional' model. It will not benefit you in normal home use.

Guarantee



ION LIFE has been in the marketplace longer than any other water ionizer importer, and have been able to secure distribution rights to systems that have demonstrated long term reliability. Unfortunately, some smaller manufacturers like to test their systems on the buyer. Others manufacture Ionizers as a second-line business, so the buyer may need to exercise caution in claims of continued guarantee support. All of our systems have a minimum 12 months' parts and labour warranty. If anything seems wrong, you need only send the unit to us and we will test it, repair it and return it to you.

FILTERING OUT THE FILTER FACTS

An essential part of your decision is the type of filter your Ionizer employs.

The most accepted and widely used water filter on the market worldwide is the silver-activated carbon system. This uses high grade carbon and impregnated silver, with antibacterial, antifungal, and antiviral properties, killing over 650 types of known disease organisms and enhancing your immune function. The silver is permanently impregnated into the carbon. None ever escapes. The carbon absorbs and filters chlorine, taste, odour and colour, as well as trihalomethanes, volatile organics, chromates, sulfates, lead and pesticides. These filters have the advantage of being relatively inexpensive and dependable. This is the type used on almost all Ionizing Water systems today.

What does it really cost?

It's hard to pry actual figures from some sales people, but the rated throughput is an important figure, allowing calculation of actual cost per litre.

AKAI	6000L	\$1941
IONFARM	4200L	\$1993
JUPITER	4200L	\$1460
PURE PORTE	12000L	\$846
IONPIA	6000L	\$1095

The table below shows comparative capacities, and usage costs of systems currently available in Australia. (Prices may change.)

As can be seen, filters have a large effect on running costs. Some filters cost more than double others.

Pre-Filters

Some sellers are recommending prefilters with their systems. This can be a bonus, but may also cover up the fact that their filters either do not last very long or are 'too good' at filtration.

Filters below .5 micron have major prob-

lems even with municipal water because they are too fine and block up very quickly. The addition of a prefilter in this case is not a bonus but a necessity. In our experience, without it, filters may clog up in as little as a month.

To install a prefilter out of sight will mean cutting a hole in either the edge of your sink or your kitchen bench so the prefilter can be installed under the sink.

A pre-filter will indeed prolong the ionizer filter life, but it will mean your ionizer will attempt to tell you to change its filter when it is not spent.

One seller advertises 'natural ionizing', meaning that their filter does not use electricity. Don't fall for it. You need electrical energy to separate the two forms of water, and we have tested these systems and have never found any antioxidant effect. They also claim long filter life through daily 5 minute backflushing. We do not include this filter in this study because (a) backflushing leaves polluted water in the filter and (b) it does not have the ability to ionize.

One system uses UV as an adjunct to their low capacity filter. However it has been found in a study by the University of South Australia that high bromate levels have occurred in water bottling plants using UV as a disinfection method. Even with no UV, Ionized water actually sterilizes output water anyway. Tests carried out by Jupiter Science show a change from a count of 1400 bacteria to zero within one hour.

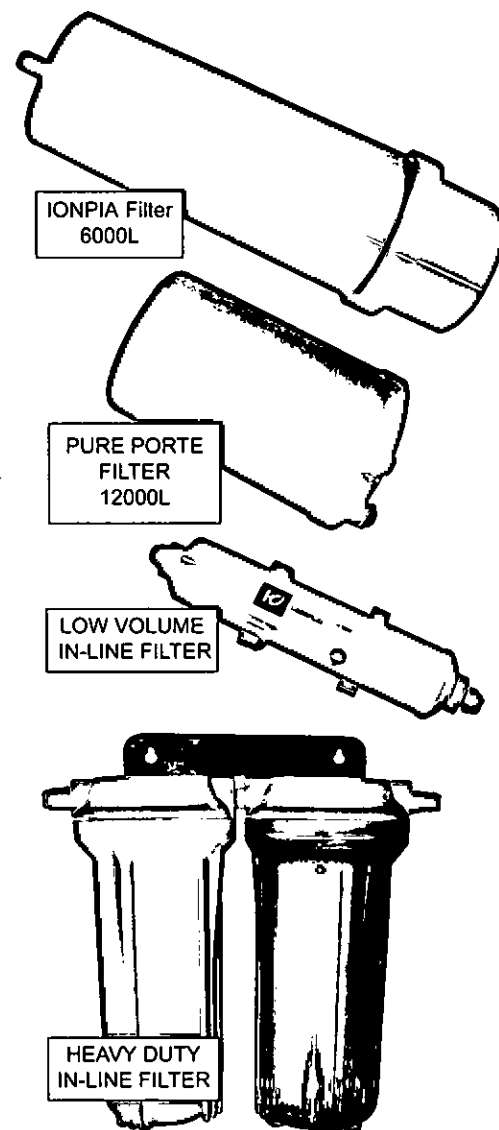
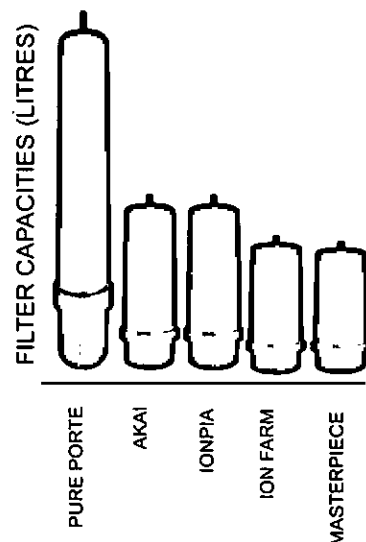
If your filter is overdue for a change, your UV lamp is no protection against chemicals, heavy metals and other pollutants that have accumulated in the filter passing through. We recommend that you change filters sooner rather than believe that the UV lamp will protect you.

Conclusion:

A little careful inquiry now will save a great deal of money later, and also perhaps save the look of your kitchen.

ASK:

How many litres will your filter process?
What micron rating is it?
How much does it cost?
Do you recommend a prefilter, and why?





GOODBYE CHRONIC FATIGUE!

"I wanted to tell my story, in the hope that other people who are suffering from a chronic skin condition can gain hope!"

In September 1996, I decided that I wanted to remove the amalgam fillings from my teeth. My reasons were partly health, and partly vanity. (I wanted to be a singer, and believed that a mouth full of metal was unsightly).

I wasn't aware at that time of the precautions necessary for the safe removal of mercury. Nor was my dentist in fact, and he proceeded to remove six fillings in about two days without damming my mouth, nor providing adequate supplementation.

Within about four months, I was confined to bed with a sickness that could only be described as hellish. My body and face had swollen up. My skin became inflamed and I developed urticaria which is a honey like serum that oozes from the body like water, and then dries and sets like toffee. I had absolutely no energy and by this time, was unable to digest food. (phew, all in the name of vanity!)

I saw my local GP who prescribed 50mg of prednisone daily. He didn't know what was wrong with me. Nor did any other

Naturopath, skin specialist, immunologist, allergy specialist, Chinese herbalist etc etc etc.

My employers noticed how unwell I had become, and politely asked for my resignation. I had become completely dependant on my family, for financial and physical support. I was in breakdown!

I then decided pull out the big guns and contacted The NSW Environmental Medicine society in St. Leonards, Sydney. I saw Australia's leading, published Chronic Fatigue specialist. \$500 later, and a bag full of supplementation, my mother and I travelled back to our home town, Bathurst, with the belief that I was on the road to recovery. The opposite happened. I became worse!

After commencing the treatment, My anxiety levels went berserk. I no longer had a sleeping pattern. I spent from 2am to 4am in the bathtub. I became acutely depressed, and withdrawn from the world. I had to forego my country farmhouse, and return to my parents house, out of fear that one night I would silently pass on!

This very bleak story continued on, for about two years. Occasionally seeing yet another healer, or health professional, gaining hope, then surrendering to the fact that nothing was changing.

In October, 1998, I moved to Byron Bay, seeking healing. I became involved in really bizarre spiritual pursuits. I formed the belief that I must have been an evil person, and was therefore "burning in hell"....literally! I changed my name, surrendered to God, and still, no healing!

I managed to learn to cope with my condition, and became more aware around food and the importance of organic. I was drinking at least 5 litres of water per day, but it was sometimes hard to get it down.

I became a little better month by month, But certainly, nothing was happening in a hurry.

In February 1999, I had a breakthrough. My good friend Mark offered to take me to Indonesia for a healing journey. I went on an intensive bowel cleanse, with daily colonics and fasting. I started urine therapy, and ate a beautifully alkaline diet of organic Pawpaw, banana, coconut and Vegetables. All this combined with daily massage, and weird Indonesian healing concoctions for the belly.

For the first time in three years, I felt energy returning to my body. Unfortunately, my condition deteriorated immediately upon my

**So please, If you are suffering
(and lets face it, we are all
suffering on some level)
... drink the water!**

return to Australia. We had torrential rainfall that year, and my house became mouldy. I had severe physical reactions, and began to sleep in the bathtub again.

I should also mention at this point, that during the whole experience, I would regularly break out in the herpes virus, which would infect my inflamed skin, and spread all over my face. It was a really painful and unsightly experience.

I continued this struggle for another 18 months, trying to balance work with rest, with detoxification, until finally I could not proceed any longer. I left my job and gave up despite huge fears about money and survival. (which is hugely ironic as I was barely surviving anyway)

I began daily rituals of meditation and singing. I asked God everyday what he wanted me to do next. (sometimes it was going back to bed). In a very short amount of time I was guided to call a man by the name of Ian Hamilton. I was told he had a machine that could help me.

I told him my story and he was hugely compassionate and at the same time very excited. He believed that his water would help me! I wasn't convinced, as I had done everything humanely possible costing a fortune, and here was a man telling me that I may get better just by drinking his water - which was free!

I took two litres of ionized water home and I drank it. Something profound happened. I felt....Normal.

I went back the next day and asked for another bottle. By the third day, the inflammation on my skin had subsided but quite honestly, by this time I was no longer obsessing about my skin because I FELT OK..

After a week, the flakiness had disappeared, and after a month my energy had stabilized.

All this for drinking two litres of water per day! It was such an easy road to recovery. Especially since the water tasted so good. My body just wanted it.

It's been nine months since first drinking the water and I have had no relapse. I have returned to work, manifested a creative and supportive relationship and travelled to Uluru for two months. I feel free.

**So please, If you are suffering (and
lets face it, we are all suffering on
some level).....drink the water!**



BARBARA BOND:

"A Case of the Whatchamacallits"

I'm 80 years old, and began drinking Jupiter water for about a year and a half.

At my age I have come to expect that getting up in the morning is a chore and that energy is not something I have a great deal of. I am also aware that my memory has been going from bad to worse. My kids call it my "Whatchamacallit" syndrome as my sentences slowly fill up with forgotten words.

Since I began Ionized water, the changes have been profound. I walked from home to the beach, 2 kilometres along the beach, and up about 60 steps to a lookout. My kids were amazed, but I didn't even think about it. The energy was just there!

"Since I began Ionized water, the changes have been profound. I walked from home to the beach, 2 kilometres along the beach, and up about 60 steps to the lookout."

I have had a recurrent eye infection for a long time and it has cleared up. - My inflamed gum, another long term problem,

has also greatly improved, and my tinea underwent its own 'healing crisis' and appeared to dry out from underneath the skin. My memory, my kids tell me, is much, much better, and that's a wonderful thing for me, having seen my sister succumb to Dementia. I am more aware of my food. I am aware of my choices and have stopped the 'hungry ghosts' ~ my need to nibble. I believe that the way the Jupiter reduces the molecule size of the water has helped my brain to re-hydrate. So many older people drink far too little.

I read about a doctor specialist in Geriatrics who healed his patients through getting them to drink water. That's true, but the water most of us drink, even filtered water, is nothing like as easy to drink as Ionised water. I drink it and love to drink it. It restored my 'natural' thirst, and I only realized I had lost it when it came back. I think as a nation we are all dehydrated and all acidic overloaded. If this water was available through our taps this country would be a very different, healthier one than what it is today.



ANNA'S FIGHT WITH LIFELONG ECZEMA

I've been using my Water Ionizer for a year and a half now. I just don't drink any other water if I can help it. I can really taste the difference - it's either alive, or it's dead water, and my water is alive! I can feel the effects immediately. I feel very clear and sharp.

Now I'm working with ION LIFE it's wonderful because I'm helping people all over Australia - and the world - and there's nothing I want to do more than to be of service to people. Whoever gets Ionized water or air is reaping the benefit of my advice and assistance, and that feels great.

I've been a Kinesiologist for the last 15 years and I've also studied Naturopathy and we have many other Kinesiologists and Naturopaths also using Ionized water and recommending it.

When I test people for their body's natural preference in water, it's always positive for our water, be it liver or kidney dysfunction, headaches... I isolate that body circuit and test it in a way that no other interference can come in. I also pre-test the patient's body to make sure it can't lie to me. Take headaches for example. We are dealing directly with the body through muscle testing about headaches and nothing else. Then we offer the body choices for healing and it gives us feedback on the exact substance or mineral it is in need of. The patient doesn't see what I am testing them for, so it is only their body that responds. This cuts out all the possible addictive tendencies or opinions about food or drink that they may superimpose on their body.

It's my belief after seeing so many patients that the reason their bodies invariably choose Ionized water is because of the hydration factor, and its ability to rid the body of toxic wastes and acidity, allowing regeneration to take place. Ionized water always tests positive. The body wants it. My whole family is on the water, I cook with it and we also use the astringent water for washing our faces and rinsing our dishes. It all gets used.

My daughter has always been a bright kid, but since last year she is excelling at school. She has after school tuition at least six days a week, in music, horseriding, sport - and I can really see the difference in her mental alertness. I'm quite sure the extra hydration is helping her brain function.

My eczema, that covered 50% of my body for all of my life up until I found the water, is still completely gone. It disappeared a month after I began drinking the water. I'm not taking any supplements any more. As a Kinesiologist and studying naturopathy, I was always a strong supplement believer, but now I find I don't need any of that. At IONLIFE I'm having people with many chronic health conditions calling me up. It's interesting to see that some of them are actually scared of healing. I can only say to them that in order to allow healing to occur you need to be totally certain that healing is what you really want. If there is a slight investment in being sick, any hanging on to that specialness that sickness gives you, you will remain sick. That's the power of your mind, and it's the power of your mind that will allow the healing to occur. I've learned a great deal since beginning with ION LIFE, but the one big one is that Ionized people are happy people!

~ Anna Heiskari



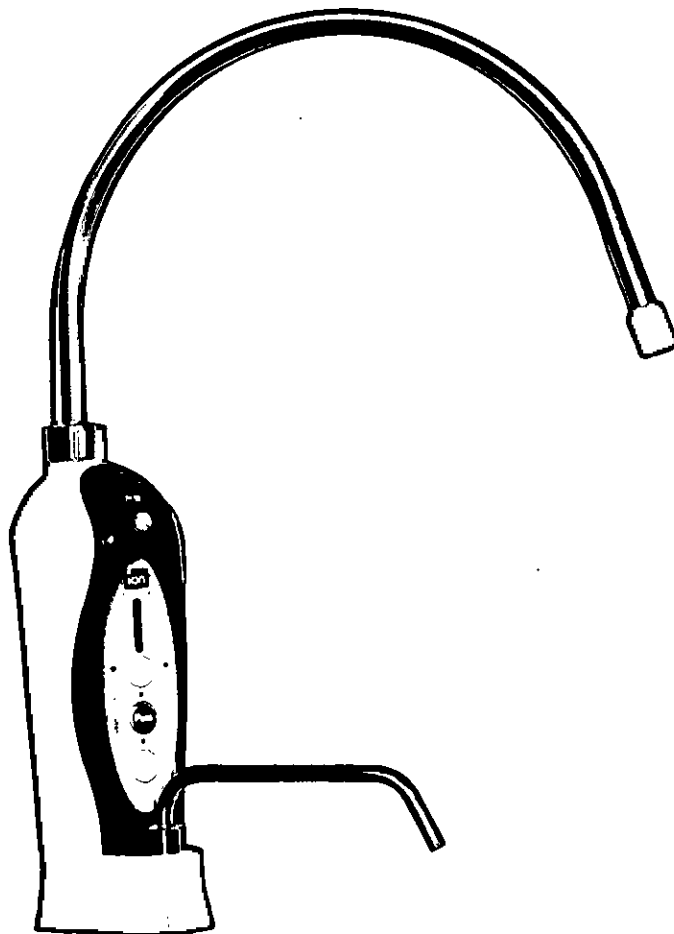
THE FUTURE HAS ARRIVED

The purpose-built IONPIA undersink ionizer treads lightly on your kitchen benchtop.

Only a sinktop console and spout is visible, all the filtration work takes place under the sink in the filter unit.

Perfect for that new kitchen, or for anyone who values the best in modern health technology, the IONPIA has all of the features, coupled with the signature ION LIFE simplicity of operation.

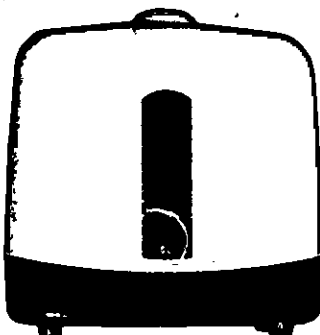
One touch turns on your selected ionization level, one touch turns it off.



ABOVE SINK



BELOW SINK



specifications

Power consumption at max electrolysis 150w

Electrical Protection:

Internal 2A Fuse

Dimensions: 312mm x 140mm x 350mm

Operational Water Pressure: .5-6kg/cm2

Processing Method: Continuous Flow

pH Adjustment: 4 levels alkaline 1 acidic 1 pure user adjustable.

Processing Capacity: 4L/m
Auto Electrode Cleaning after

each use

Electrolysis Chamber: 100% Platinum coated titanium.

Filter life: approx 6 months at 30L/Day

Auto filter life indicator

Filter Type Activated carbon (GAC) with

2-stage prefilter

Auto Overheat protection

IONIZED WATER: WHAT TO EXPECT

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Although the benefits of drinking Ionized water are many, its effects on you will always depend on your own health state.

For people severely depleted of oxygen, their first glass may seem like the elixir of youth. My first few days on the water were filled with energy. I went to bed late and actually awoke at 5am *full* of energy. Today we know a percentage of people are just like me, and that they will have an immediate uplifting effect.

One drinker claimed he even had a 'spiritual experience', while another, giving his water to all of his friends, claimed that it 'opened them up emotionally'.

Generally, there are stages that we have observed. These are:

1. Urine may become darker and smell acidic as the kidneys process acid toxins released from the fatty deposits. This may continue in cycles for months as your system steadily detoxifies. This is the result of 3 factors:

(a) the microclustered water is able to penetrate tissue where other water could not.

(b) the antioxidant negative hydroxyl ions unite with free radicals and waste material, flushing it away as water.

(c) the alkaline water is neutralising acid waste.

2. Digestion problems you have had for years, may disappear. Symptoms including chronic heartburn, indigestion, constipation, diarrhoea or irritable bowel syndrome may disappear within the first month. *Please note: if they persist, we advise consulting your doctor.*

3. Stools may smell far less due to a more complete digestion. Odour is caused primarily by undigested putrefying food matter that degenerate into indoles, phenols and scatolones, considered carcinogenic.

This phase is what we call the 'honeymoon' period. A body that, in my case, has been accumulating toxic waste for half a century will not cleanse itself in a month even with Ionized water. Many of the effects reported after this period are far more profound and include lowering of blood pressure, elimination or reduction of symptoms of chronic fatigue, migraine, diabetes, asthma, arthritis, obesity, and many, many more. We also understand that early effects are often related to the simple change from drinking more water, but the major health changes we have witnessed go far beyond mere hydration.

We are now convinced, after studying the research of Drs Shirahata and Hayashi that Ionized water is a very effective and practical platform for anti-ageing. An abundance of antioxidants in the form of the powerful and primal negatively charged hydroxyl ion would cost hundreds of dollars a month if we attempted to get the same amount pharmaceutically, yet we are receiving it in every glass we drink!

Users also choose Ionizers over the non-powered alternatives because of the 'byproduct' acid water. This water is also microclustered like the alkaline water, so with topical use it will penetrate deeper than H₂O. We collect this water in a bucket in our 'rinse' sink, and use it daily because of its antibacterial qualities. Its pH of around 5 to 5.5 restores the natural balance of our skin, so we use it as a facewash, an eye rinse, and for our hair. In a recent study it was found that 2 out of 3 Australian kids had some form of eczema. No wonder! They use alkaline soaps daily! Alkaline is for drinking, acid is for washing. Your skin will soften and become more flexible, your hair will become more lustrous and thicker.

Acid water is also very effective for acne, because it halts infection. As we have detailed elsewhere, coupled with alkaline water intake, it may have a dramatic effect on psoriasis and long term eczema, athlete's foot etc. We have an amazing video from Japan showing a man cured of gangrene through the drinking and bathing of ionized water. In fact both forms of water are used daily in hundreds of clinics and hospitals in Korea and Japan, and over a thousand clinics in the USA recommend and use Ionized water.



WHAT PEOPLE SAY: ION LIFE WATER IONIZERS

"After purchasing our Ionizer five months ago I have been drinking 3 to 4 litres daily. We found the Bathurst water supply had a consistent pH reading of 7, so we started off on the lower setting,

drinking alkaline water with a pH of 8. We then progressed to the higher settings and have been consuming pH9 ever since.

Prior to the water I had aches and pains in my knees which I suspected to be ligament or cartilage damage after a long sporting life. This eventually dissipated and when I visited my Naturopath yesterday he confirmed, via his computer iridology scan, there was no longer any visual signs of uric acid in the body. It's great to be able to run up and down stairs again without hindrance. He also showed me the fibres in my eyes controlling my kidneys had improved, and these were more clearly defined, indicating better organ functioning. I advised him my candida had also improved and he confirmed this by showing me that the discolored spots (mucus) around my eyes had lightened since my previous scan.

My wife Rhonda had suffered from indigestion for many years before drinking the alkaline water. Her digestive system has improved and she is no longer dependent upon Bi-Carb Soda or Eno's for relief. She has also noticed improvement to her knees (also problems due to sport) and we have both lost about 5k in 5 months, mainly around our waistlines. We found a glass of water quickly suppressed the appetite and stopped us snacking on inappropriate food between meals. The antioxidant water has proved very addictive and it made us crave for more. Rhonda recently commented that we haven't had the dreaded hay fever this year (first time for 20 years), thus no drugs have been required for relief.

After recently completing a course of external chemotherapy (Efudix) to treat skin cancers, I found the healing process to repair the skin more rapid, after treating my internal system with the alkaline water (anti-oxidants), and my external body with the acid water (astringent). We have also been using the acid water on our garden and indoor plants. As the Bathurst climate is very extreme it is difficult to grow azaleas, but the acid water is doing the trick. Our indoor peace lilies have bloomed for the second time in six months, (an annual occurrence only prior to Jupiter watering). The acid water is also proving a good pesticide for the "veggie garden", eliminating the use of those nasty chemicals, which previously found their way into our bodies and did untold damage.

We say, God Bless those who help themselves to better health by being Water Wise

Bob & Rhonda Henry
New South Wales.



REPLACING MY REVERSE OSMOSIS

water purifier with a Jupiter MASTERPIECE Ionizer four months ago has been one of the best investments in my health that I have made. I used to wake up with a puffy face which would take 2-3 hours to go away. I no longer have this problem. My eyes are clearer and brighter, my skin finer in texture, and I sleep soundly at

night, no longer waking up with insomnia. I now have the kind of energy which gets me through a very stressful job, in which I often do not have the time for a break, often working 9-10 hours straight.

It is true that this water is not 'heavy' on the stomach; I'm able to drink without difficulty. Since changing my drinking water I have also lost about 3kg, and this being during a period where I actually reduced the amount of exercise I was doing! When I work out with weights, and drink up to a litre, my recovery is impressive - I no longer suffer the kinds of aches previously felt.

Macushla Boyle, QLD

Introducing ION LIFE

If you're deciding on a future health option as important as Ionized water or air you need to know who you are dealing with. Will they be here tomorrow? Will they service you adequately? Are they just saying their system is the best because it's the only one they sell?



"I remember the first time we tasted Ionized water. My partner, Cassie took one sip and said 'This is right!'"

Ian Hamilton Managing Director,
ION LIFE Pty Ltd. Age 54

"My wife Cassie is a very sensitive person in relation to food and health issues. She senses rather than works out what is good, and I have come to trust this ability she has. Of course, since that time we have witnessed many people having "Aha!" moments with Ionized water. Our friend Lois Hunt, local radio presenter rang. She had tasted the water at her local Doctor's surgery and exclaimed, "One glass and I felt like a teenager!"

Melanie Spears was another. After years of debilitating Chronic Fatigue and Urticaria, she drank two litres and said "I have to have one." She *knew* it was what her body wanted.

Since we began we have learned a great deal about Ionization, even though there is always more to learn. We have sold hundreds of water Ionizers and my one regret is that I haven't had the time to follow up on every user's story. These days we get stories coming in by email, like Jacqueline Ward's mail telling us how she is outlasting fellow workers years younger.

We've also learned that all Ionizers are not the same. We now have a full range of Ionizers that allow you to choose the one right for your own needs, whether they are low cost, under-sink or countertop. When you import Water Ionizers from overseas you never *really* know how a system will perform until it's out here, and we have, through experience, the most dependable units on the market. We know this because we've sold more than anyone else and we've been able to monitor performance over the longest period of any importer. We choose systems based on:

- (a) reliability
- (b) performance
- (c) manufacturer profile.

The simple fact is that all electronic Ionizers on the market will ionize water. Ionization is a simple process if designed properly. It's only a question of whether your chosen unit will continue to do the job and whether the manufacturer will continue to support you. We represent the largest Ionizer manufacturer in Korea and in Japan, the massive Toyo Corporation. We've stuck with them and they have supported us to this present time where we are happy to say we supply more ionizers than any other importer in Australia.

As to my own experience with Ionized water, I can say that apart from all of my aches and pains in my joints (I am 54) being a thing of the past, I have actually changed from basically 'manic' to far more calm, and I can see no other cause apart from the water. Herman Aihara, father of modern macrobiotics says that alkaline means calm, and I agree. Life is simply much better with the water."



"We are saving lots of money every week."

Cassie Bond, Admin. Manager,
ION LIFE Pty Ltd

"It's been wonderful to watch people as they start on the water and my biggest reward is still hearing how Ionized water or air has changed someone's life after years of suffering. It's been hard work educating people to a totally 'new' concept of water and air and it has also been amazing to see how fast other systems popped up in the marketplace after us, claiming all the same benefits.

We have been helped enormously along the way by many qualified people, especially doctors, who have said 'Stay with this. It's

what we all need. Everyone is acidic!" We have also been able to look more closely at the way people live and have come to see that Acidosis may even be seen as a form of addiction. So many people are toxically acidic that it's considered normal to be depressed, angry, off colour or subject to every new bug that comes along, but we haven't had a cold or flu in the family since we began drinking the water!

It's also been an eye-opener about hydration. I can now see that not only are almost all of us acidic, but we are also severely dehydrated. Longevity expert Dr Abram Hoffer tells of an old man in a clinic in Canada who was given shock therapy. He was so under-hydrated that the ECT couldn't work because his body was so dry it couldn't even carry electricity!

Now that we drink Ionized water every day, we drink far more - just because it's *easier* to drink than ordinary filtered water. Personally, I feel far 'juicier' than I ever felt before, and I think that must be because of the microclustering of the water. It's smaller so it hydrates much more than tap water. My body certainly asks for it - something that never happened before.

We are saving lots of money every week. Firstly, now that we are able to drink two litres a day we're not drinking all the 'thirst substitutes' that we used to buy. Secondly, we've found that our dietary preferences changed as we became more alkaline. It's not that we choose through logic - our bodies just prefer better foods.

Ian is easier to live with. he has definitely changed his mental state. He's much calmer and 'flows' like the water."



ION LIFE

Pty Ltd is based in
Byron Bay, N.S.W. Australia and
markets worldwide, with agents in
USA, Thailand, Taiwan, Singapore,
Ireland and the UK.

website:
www.ionlife.info

THE BIOMEDICINE GEOMED AIR ENERGIZER ~ A World first

The Australian built GEOMED has confounded an industry that thought it knew all the answers. With its unique delivery system it takes air ionization from a room-based dust catcher to a full therapeutic system.

In 1996 scientists, doctors and engineers under the leadership of Dr. med. Dommermuth of Germany presented a genuine innovation in the area of ion research. The group developed a compact inhalation machine that prepares air ions using normal environmental air - consisting of 21% oxygen and 78% nitrogen - medically purified by means of a HEPA filtering system and then made into highly active oxygen and nitrogen ions. These ions can be breathed in pleasantly and comfortably through a hose system and have outstanding properties that act upon the human body.

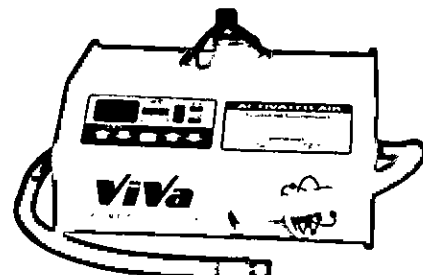
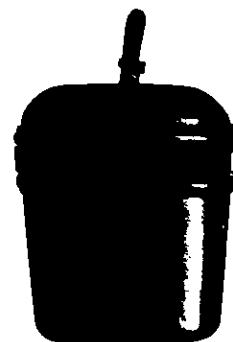
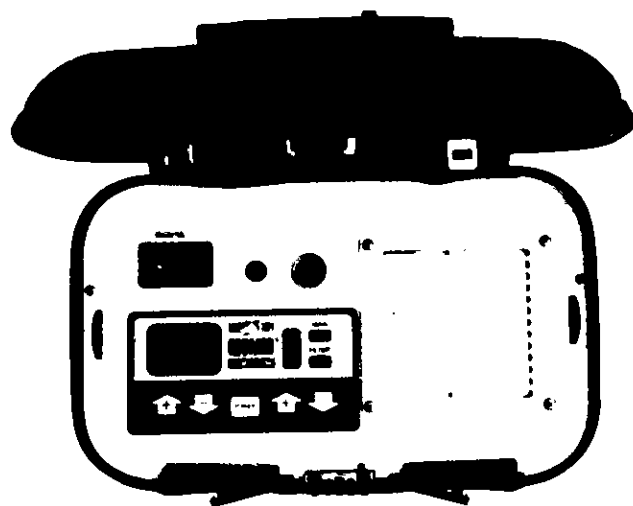
In numerous experiments it has been shown clearly that the supply of negative air ions in concentrations greater than 1,000,000 neg. ions/cc/sec has many positive effects on the human body.

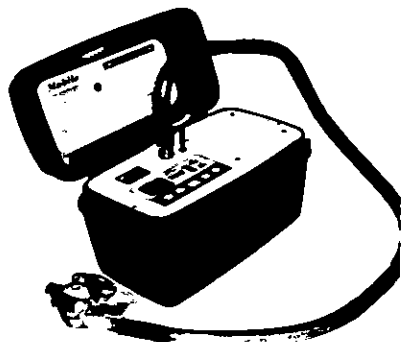
On the one hand, the body needs both oxygen and nitrogen - but on the other hand it is vital for life that these oxygen and nitrogen molecules be charged with negatively electrons. A shortage of these natural air ions leads to many complaints - tiredness, exhaustion, depression, headaches and numerous diseases. It is not for nothing that researchers also describe these ions as 'vitamins of the air'.

Oxygen and nitrogen can only be metabolized if they exist in ionic form. The body needs the oxygen ions activated for the supply and conversion of energy. Without this form of energy, no cell in the human body can survive. Any deficiency or illness goes hand in hand with a defect in certain cells. For disease to be eliminated the 'energy metabolism' must first be normalised to fulfil regeneration imperatives

Up until now no system has been able to supply both oxygen and nitrogen negative ions in a purified natural balance. Although we know the benefits of oxygen, few people are aware of the benefits of negatively charged nitrogen, including regulation of the blood system, circulation stimulation, and increased production of macrophages which reach all sites of infection and neutralise germs.

The GEOMED outputs an amazing five million negative ions per cubic centimetre every second. Although one cannot 'overdose' on negative ions, this output, coupled with its unique delivery system, assures the user of maximum effect for both health and wellbeing.





WHAT PEOPLE SAY: THE GEOMED AIR ENERGIZER

ASTHMA

"For approximately four months I have been using the air energiser from GEOMED. Since using the machine I have not had an asthma attack. My cancer is in remission I have a general overall feeling of well being and must attribute this to the air energizer machine.

Jeanette McKay Ph: J7 33911634

WOUNDS

"I have been treating infectious wounds with a range of GEOMED air systems for over 3 years and have been surprised and delighted with the results achieved.

A client had her breasts removed and the wound infected for 12 months. After treatment external and by inhalation with the air system over a 2 month period the wound and infection had totally healed.

Another client of mine had had an operation on his leg 15 years ago and a germicidal ulcer that would not heal. After 3 months of treatment the wound has healed and there was no more pain. Medication was no longer needed. I successfully treated a woman who had a bad infection all over her face and antibiotics could not help. After 3 weeks of daily treatment the infection was cleared up.

Some of the people with illnesses that I have helped range from common colds, asthma, blood pressure, fluid retention, etc. I have had success with many wounds, i.e. golden staph, decubital gangrene, septicaemia, pressure wounds, burns, injuries etc.

My clients and I could not be more pleased with the results achieved.

I highly recommend the GEOMED BIOMEDICINE Air Energizer and would be pleased to help and advise with treatments using these wonderful systems."

Huon King, (Health Centre, 0755243464)

ASTHMA

For over 20 years I have suffered mild asthma, with congestion and difficulty in breathing in the mornings - particularly during the cooler months. At times I have had to use a 'puffer'. Since using the machine, practically from day one, my breathing has improved fantastically - I breathe deeper and without any difficulty. My snoring has disappeared - so long as I use

the machine every day (or the snoring returns)

PAIN

For many years I have (also) suffered swollen and painful joints in the hands, legs and feet. This has disappeared with the machine, and there is, for example, no swelling at all in my finger joints - I can again wear my wedding ring, which I have been unable to wear for years.

Arteriosclerosis has also been a major health problem for me, and thirteen years ago I had by-pass surgery performed on both legs, with severe aneurisms being removed. In more recent years - and until I bought the machine, my mobility was restricted, pain had returned to both legs, I had no mobility in my feet, and I was afraid that I would have to consider facing further surgery. However since using the machine, all pain has disappeared, I have considerable agility in my feet and legs, and I can feel the blood pulsing through my circulatory system. Already I truly feel that this machine has saved my life.

CANCER

I have also had a minor brush with cancer in that a small tumour was cut out of my hand and a pathological examination revealed that this was an active squamous carcinoma. The wound required several stitches, which were removed after seven days, and ten to twelve days after surgery, the wound had completely healed - virtually without trace. This is quite remarkable, particularly as I suffer from diabetes, and healing is usually much slower with diabetics. Again I give credit to the machine for assisting with my speedy recovery.

John Johnston
Camp Hill Qld

CHRONIC FATIGUE

Two years ago I collapsed with Chronic Fatigue Syndrome and daily migraine headaches. As a result of the migraines I was unable to concentrate or read for longer than ten minutes. I was unable to work. My doctor prescribed painkillers for the headaches. While these eased the pain the headaches persisted every day and I was sleeping most of the day because of the sedative effect of the pills. I was virtually living in a semi-conscious state. For the CFS symptoms I was prescribed - megadoses of vitamins and minerals; homeopathic and naturopathic pills and remedies; acupuncture; detox programs; treatment for parasites, viruses, candida etc all of which did not supply me with energy but drained my existing energy for either absorption or detoxification. I realized I needed energy to facilitate any healing process, by whatever means.

CHIROPRACTIC

At this point I began using the Air Energizer. I experienced relief instantaneously within

twenty minutes of breathing in the clean, filtered air. My body slowly relaxed especially the area around my face neck and head and my headache eased. After 4 days of breathing in the air my headaches disappeared completely as well as the knots and spasms in my neck and shoulder area. it was wonderful to be able to move my head and turn my neck without pain. Previous to using the Air Energizer I was having chiropractic treatments over a period of several months to release tension and adjust my body. I have not needed to return to the chiropractor since using the machine.

WELL BEING

Over the next two weeks of use I experienced an exhilarating sense of wellbeing, calmness and clarity of mind. I felt motivated and for the first time in two years I had a constant supply of energy. Gone were the period of extreme exhaustion and the need to sleep several times a day to restore my energy. My physical body was slowly regaining its strength enabling me to perform tasks that would have previously fatigued me to a point where I felt weak, faint and unable to breathe.

As I write this testimonial eight weeks into the Air Energizer I can hardly remember what a headache feels like. I recommend the Air Energizer highly to anyone suffering from migraine or chronic fatigue in fact to anyone who wants to improve their health and wellbeing. From my own experience I now consider the Air Energizer essential to my health both as a healing tool and as a preventative to illness. I believe the Air Energizer has the potential to assist in the creation of health and relieve pain for many people who like me have tried every healing modality available today with little or no success.

It really works!!

I am willing to discuss my own experience with anyone who wishes to contact me.

Judy Smith Ph 07 3266186

SMOKING

"Since using the machine, practically from day one, my breathing has improved fantastically - I breathe deeper and without any difficulty"

I have always believed prevention is better than cure which is what drew my attention to your Machine. I have had your machine for 9 months now and at the time of purchasing your machine had no illnesses, etc., but I was a heavy smoker, 50-60 cigarettes a day.

I started using your Machine in April

2001 and on 23 July 2001, I decided I did not want to smoke any more. I had previously tried to stop smoking 8 times, with the longest success being 3 months. I used Nicabate Patches for that 3 months, but always had cigarettes on my mind. This time I used the patches for 3 weeks only and I don't think about smoking.

I am not a doctor and do not fully understand how this machine gives you a feeling of Wellbeing as it does. I have recommended

WHAT PEOPLE SAY: THE GEOMED AIR ENERGIZER

this machine to family and friends and all say the same: they feel healthier...
D. O'Brien Paradise Point, Qld.

HEALING AND RECOVERY

I felt compelled to write this letter to you regarding the "Activated Air System" that I have been using since I had my injury. The fall that I had caused me incredible pain. I have had two stints in hospital with complete bed rest and unable to even do the simplest task for myself. Upon release after the second occasion I started using your machine. This machine has helped me recover extremely fast and reduced my pain level dramatically.

My concentration level and ability to apply

"I recommend this machine to all of my friends even if they are not sick to enable them to obtain optimum health and have an excellent quality of life."

myself to the daily tasks in my business has increased incredibly. I can't tell you how good it is to be able to cope with the day to day activities of a normal life. I have just turned 50 years old this week and haven't felt as well for probably ten years.

CHEMO RECOVERY

As you are also aware I have had chemotherapy in the last few years which has depleted my energy levels, now that I am using the machine for 1-2 hours per day I am full of energy and vitality.

This is an unsolicited testimonial to share with your clientele. I recommend this machine to all of my friends even if they are not sick to enable them to obtain optimum health and have an excellent quality of life.

Frances Fisher, Coorparoo, Qld

VIRUSES

I want to thank you for introducing me to the GEOMED Activated Air Machine that has done wonders for my health.

Several weeks ago I was preparing to go to Sydney when the day before I was hit with a very high fever, extreme muscular aches and pains and a sore throat. The fever was so intense that I developed blisters on my lips and was bed-ridden. That evening I was put on the GEOMED.. on and off for most of the night. I was so delirious that I could not even walk. By early morning I felt the fever had lifted. When I awoke I was still feeling very weak but I knew the virus was defeated. It was amazing. That evening I flew to Sydney for a very busy weekend of meetings from 7:00am till late at

night for the two days straight. I do this trip every year and on my return I am usually so exhausted that I am out of circulation for at least 2-3 days. This time it was different. Apart from a runny nose all the symptoms of the virus had gone. I also had so much energy that it reminded me how I felt when I was twenty years younger. I believe this was due to the ionized oxygen and nitrogen my body had received.

ANAEMIA

I need to mention here that I suffer from a hereditary anaemia called Thalassaemia Minor. People with this condition have small red blood cells and therefore a low haemoglobin count. As a result I tend to experience fatigue much quicker than the average person does. I returned home and still felt the high energy level until Wednesday when I felt 'normal' again which, in comparison, was quite tired. I knew then that I had to buy my own GEOMED machine to ensure that I experience this wonderful energy on an ongoing basis.

I have now been using the GEOMED Activated Air for several weeks and have experienced several further health benefits. These are:

- ☞ No more sinus congestion
- ☞ No more bleeding gums
- ☞ Better sleep pattern

and most importantly, better quality of life.

I just want to thank you and let you know that this has been one of the best investments I have ever made.

Tina Viney Qld

BRONCHIAL ASTHMA

I purchased the GEOMED System one year ago hoping to solve my daughter's bronchial asthma attacks and constant pain from scoliosis and arthritic hips - she was aged 10 then. We are now one year down the track and I have not had to purchase any medication from my children in that time. I find that amazing. Each time my daughter would have an attack she would be off school for 4-7 days with similar to flu symptoms. The machine brought her temperature down within 40 minutes (naturally) and allowed her body to expel any virus evident at the time. My daughter is now swimming 5 times a week at squad and has a very strong immune system.

Having control over your children's health naturally, when I feel at the mercy of the prescription drug merry-go-round - IS THE GREATEST PEACE OF MIND A MOTHER COULD WISH FOR. Activated Air is the best investment I have ever made in the health of my family, friends and the ill people that come across my path.

I also have allowed people with various illnesses to utilize my machines, I now have five. I am constantly seeing breakthroughs and faster healing in - Pre and Post operative recovery, pneumonia, skin repair, from wound healing and scarring, dementia, leukaemia, chronic

fatigue, sports injury recovery acceleration, asthma, broken capillaries, cell renewals, mental focus, hormonal balancing, infection, vitamin absorption, increased endurance and stamina, the list is endless.

Thank you Victor and thank you Active Air. I and many people will always be extremely grateful.

Regina Knight Main beach, QLD

CANCER

I have used the GEOMED Ionization unit in my practice for over two years and have had outstanding results with both chronic and acute conditions among my patients. Different conditions I have treated using the GEOMED.. have ranged from various forms of cancer through asthma and arthritis. In many cases an improvement can be found within the first treatment and long term improvement can be achieved after a period of treatment. In some cases I have treated people for the side effects of medication, particularly in cancer patients where the effects of chemotherapy can be very devastating. I have found the patients tend to have a quicker recovery rate and more effective response to their medication and treatment time in these cases can be reduced.

EMPHYSEMA

The nitrogen ionization aspect of the unit has meant that the treatment for asthma, emphysema, and arthritis has taken a new turn as the ionized nitrogen improves dilation of both peripheral blood vessels and bronchioles. Patients suffering from asthma and emphysema have had improved breathing and greater lung capacity and arthritis (sufferers) have had improved circulation and relief from pain almost immediately.

I continue to use the GEOMED unit within my practice and I would recommend the unit for the home for the general health improvement and also for the professional practice where it is an invaluable tool for the committed practitioner.

Peter W. King N.D Dip. Acu.

**"Having control
over your children's
health naturally, when I
feel at the mercy of the
prescription drug merry-
go-round - IS THE
GREATEST PEACE OF
MIND A MOTHER
COULD WISH
FOR."**

FITNESS

For 6 weeks the GEOMED Breathing Air Activation System has been in use in our fitness rooms. Our customers have had fantastic success with it and this has increased demand and interest in our new range of products. The system clearly has a positive effect on the user's sense of wellbeing. It is obvious that the body's physical capacity is increased immediately by using the highly purified and ionized breathing air with therapeutic activation of oxygen and nitrogen. The regeneration periods after training are clearly reduced in members who use this machine. The positive effect on the immune system is reflected in lower susceptibility to infection amongst workers and sportspeople as well as in shorter recovery periods for infections and injuries. It's just great!!!

Michael Simon, Relax Fit and Fun

Areas of documented health benefits from use of the GEOMED

Addictions
Allergies and Hay Fever
Arthritis, (Rheumatoid and Osteo)
Asthma,
Bronchitis and
Emphysema
Attention Deficit
Burns
Cardiovascular Disease
Concentration
Cancer
Chronic Fatigue Syndrome
Cough (Persistent)
Crohn's Disease
Decubital Gangrene
Depression
Diabetes type I and II
Eczema
Exhaustion
Flu, Colds and Sinus Problems
Haematoma
Headaches
Heart and Cardiovascular disease
Migraine
Neurodermatitis
Oedemas
Osteoporosis
Pain (Backache, burns, injuries)
Physical Fitness
Podiatry
Post-operation wound healing
Psoriasis
Rehabilitation after stroke
Rheumatism
Sinusitis
Smoking
Snoring Tinnitus
Sleep Disorders
Ulcerative Colitis

REPORTED RESULTS

Improves Healing
Less medication required
Improved Immune System function
Improved Metabolism
More energy
Mental Relaxation
Better concentration
Detoxification
Rejuvenation
Better Skin
Increased libido
Improved blood circulation
In children - increase alertness and learning capacity.

All original testimonials detailed here are available for perusal at either ION LIFE or BIOBIOEDICINE offices.

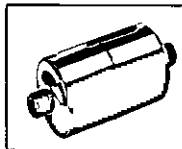
READY TO ORDER?

ION LIFE make it easy.

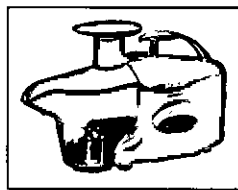
As well as Australia's most comprehensive range of Ionizing Water Filters, ION LIFE also stock the GEOMED Air Energizer, the Clean Bath Shower chlorine filter, and the Samson Juicer.

If you've decided on an ionizer, talk to us about combining more of our products with your order to save money with generous discounts off list price.

The **Clean Bath Chlorine Shower filter** is a necessity in every home. With a capacity of 520 hours of showers, and its reverse flushing cleaning feature, it is the very best we have come across.



The **Samson Multi-Purpose Juice Extractor** is also available from ION LIFE. It's the quickest and easiest to clean, the simplest assembly and disassembly, and its low RPM gives the highest nutrient value. It also extracts wheatgrass, and processes pasta.



Or its big brother, the **Samson ULTRA** with twin gears and 3-way Bio-Magnetic processing, the supreme low speed enzyme preserving juicer.

You may also like to purchase extra spare filters at the same time so you won't have to call ION LIFE to order when yours runs out.

Call ION LIFE or your distributor for more details.

CONTACT:

Need To Know More?

If you need more information before you make your decision for 'live' water, here are some additional sources.

1. WHAT OUR COMPEITORS SAY ABOUT US
A special report on the claims other 'energizing' water systems make about our products. You'll be amazed at the lengths they go to keep you away from Ionized water!

2. WHAT OUR WATER CUSTOMERS SAY
A summary of what our customers have had to say about their experiences with ionized water.

3. WHAT OUR AIR CUSTOMERS SAY
A summary of what our GEOMED Air Energizer customers have had to say about their experiences with ionized air and the GEOMED.

4. YOUTHING
A book by Harald Tietze on Ionized water \$15 post paid.

5. HEALTH For BODY MIND SPIRIT
A 44 page guide to use of the GEOMED.

6. pH AND CHLORINE TEST KIT
A simple kit to allow you to test the acidity of your body, the pH of your water and the chlorine in your water. Instructions included. \$10 post paid.

6. HEALTH = ENERGY by Dr Liz Elliot
A wonderful book by an Australian GP who has taken on board all forms of valid alternative modalities and presents an encyclopaedic reference for healthy wholistic living. \$20 post paid.

Note that specification sheets, copies of this newsletter and more are easily downloadable from our website at www.ionlife.info - acclaimed as the most comprehensive resource on ionized water and air on the Net.

Debate continues over the many effects of ionized water and air. We welcome this as a healthy response to a relatively new science.

As with any therapy, response to water or air ionization will vary between individuals. If you are contemplating ionizing as a health choice, we recommend you contact your health professional.

Nothing in this newsletter is designed to be therapeutic advice in any form.